

Time to Rebrand! Revitalize! and Relaunch! Your Career





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- Babysitter
- Attendance Coordinator
- Medical Officer
- Records Analyst
- Communications Officer
- Custodian
- Travel Agent (WFH)
- Cheerleader
- Business Strategist
- Fortune Teller
- Magician
- Santa (mid-year pay hikes)
- Etc., Etc., Etc.

Let's Take a Quiz

For the following quiz...

1 = Not at all

2 = Rarely

3 = Sometimes

4 = Often

5 = Very Often or Always

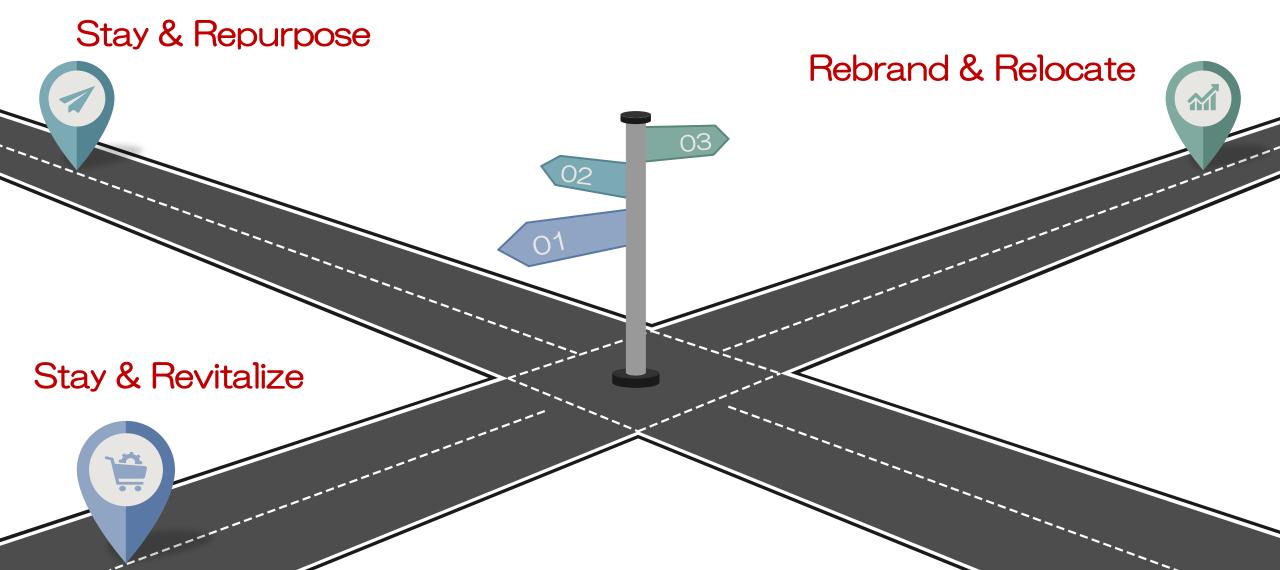
- 1. I feel run down and drained of physical or emotional energy.
- 2. I have negative thoughts about my job.
- 3. I am harder and less sympathetic with people than perhaps they deserve.
- 4. I am easily irritated by small problems, or by my coworkers and team.
- 5. I feel misunderstood or unappreciated by my coworkers.
- 6. I feel that I have no one to talk to.
- 7. I feel that I am achieving less than I should.
- 8. I feel under an unpleasant level of pressure to succeed.

- 9. I feel that I am not getting what I want out of my job.
- 10.I feel that I am in the wrong organization or the wrong profession.
- 11.1 am frustrated with parts of my job.
- 12.I feel that organizational politics or bureaucracy frustrate my ability to do a good job.
- 13.I feel that there is more work to do than I practically have the ability to do.
- 14.I feel that I do not have time to do many of the things that are important to doing a good quality job.
- 15.I find that I do not have time to plan as much as I would like to.

How Did You Score?

Score	Comment
15-18	No sign of burnout here.
19-32	Little sign of burnout here, unless some factors are particularly severe.
33-49	Be careful – you may be at risk of burnout, particularly if several scores are high.
50-59	You are at severe risk of burnout – do something about this urgently.
60-75	You are at very severe risk of burnout – do something about this urgently

Consider Your Options



Rebrand/Reboot/Relocate

Time to pursue outside opportunities. Create a "New You" and redesign your life. Go get what you' ve always dreamed of.

Stay & Repurpose

Time for a shift - but stay with your current company. Transfer, promotion, job expansion. You need a change in scenery, direction, career.

Stay & Revitalize

Restructure your current plans and take a new look at how to do your current job.

Bola

- Creates shock & awe
- Complete shift & change
- "Start Over" / Clean slate
- Rebuild yourself & recreate

Daring

• Prevents stagnation

- Maintains company loyalty
- Provides ongoing growth
- Satisfies need for change

ommon

- Maintains stability
- Creates growth opportunity
- Make the most of the current
- Turnaround option

Observations

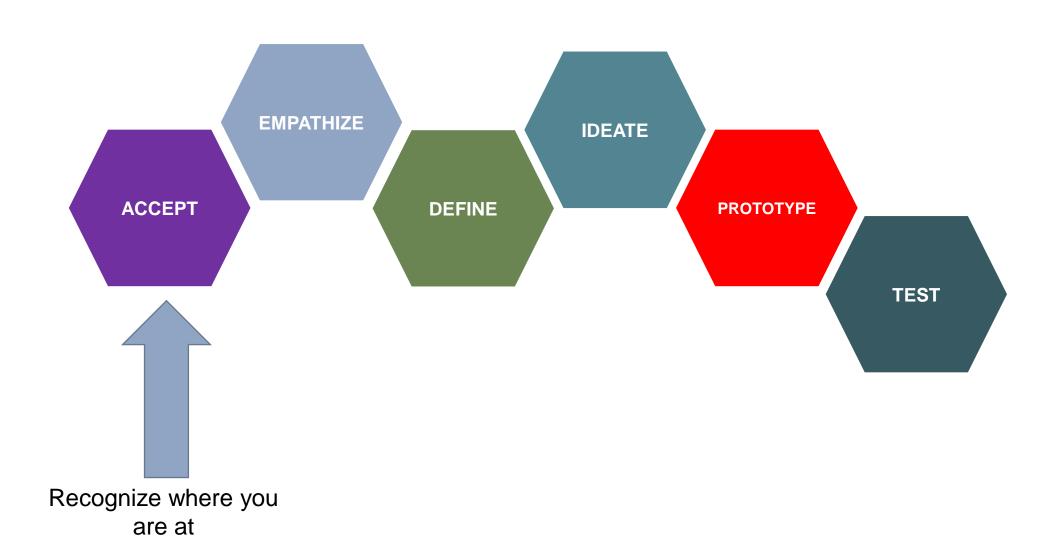
Most of you...

- Have one "favored" approach
- Have one approach you dread
- Are held back by something...



Think Like a Designer

Define • Ideate • Prototype • Test



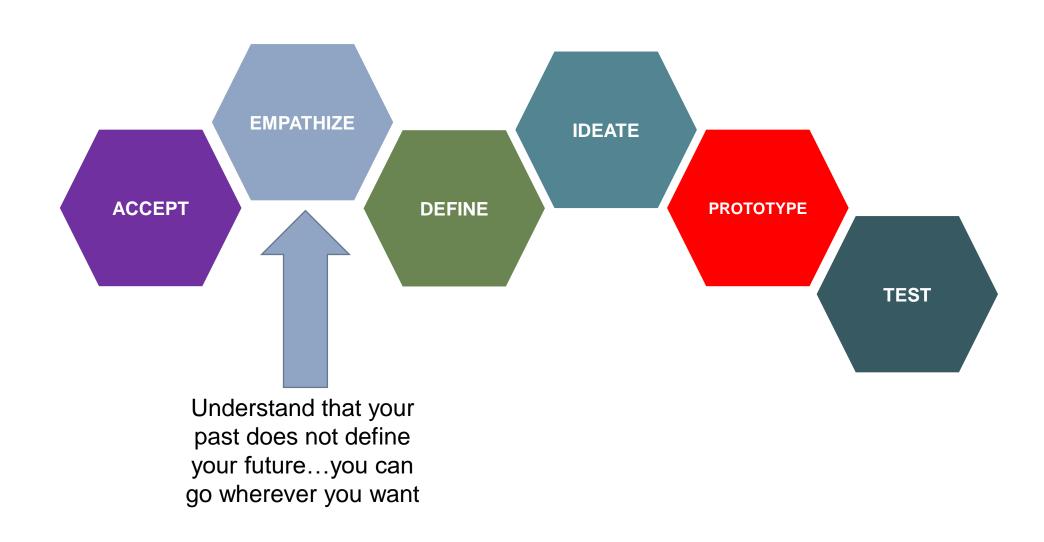


Where Am I?

- Happy with status quo...stay the course
- Stay...revitalize with a new strategy
- Stay...but reboot, promote, transfer, etc.
- Rebrand, explore, and/or relaunch...

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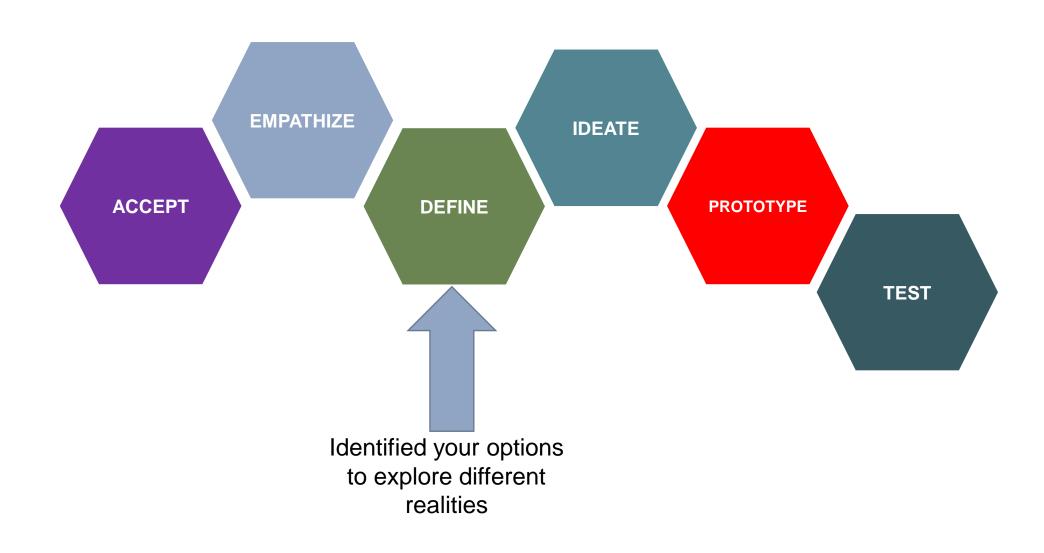


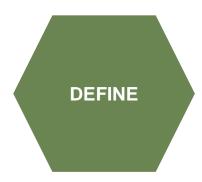
Why Am I Here?

- What am I feeling?
- Why does this solution "fit"?
- How will this solution help me achieve my goals and be my "best self"?

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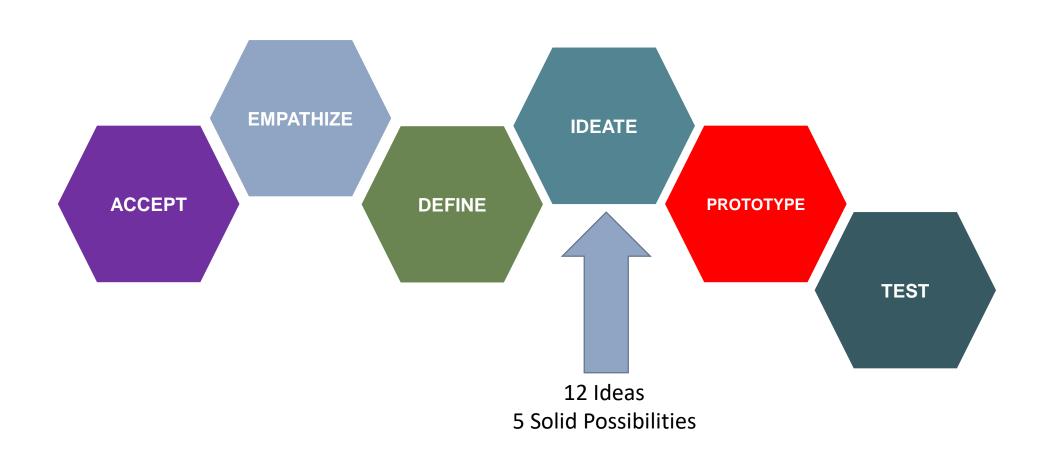




	COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4
	Stay – Status Quo	Stay – Revitalize	Stay - Reboot	Rebrand - Relaunch
	Stay the course, maintain current trajectory	Keep my job, but create new strategy, plans, and approach.	Stay with company, but find new position, career, track.	Time to rebrand and find something new
	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?

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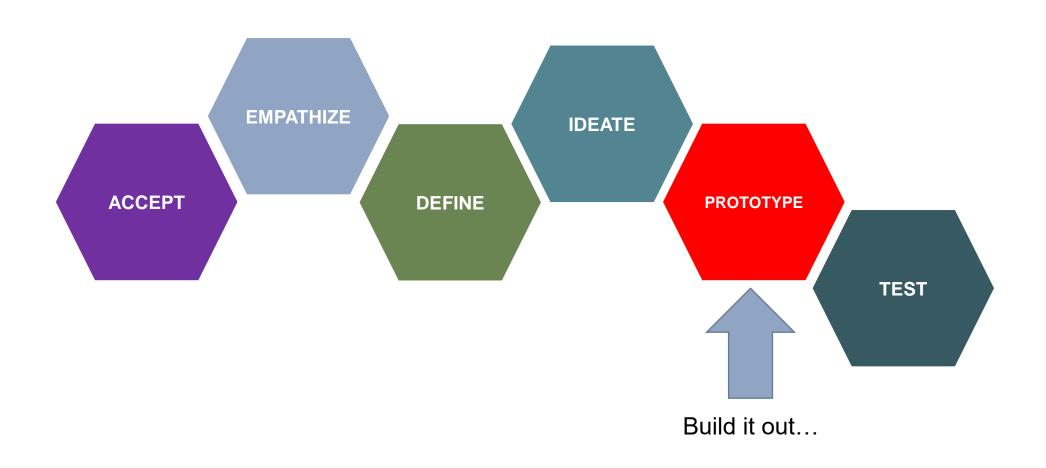
IDEATE

	COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4
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	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?	WHAT DOES THIS LOOK LIKE?
	How do you make this work?	How do you make this work?	How do you make this work?	How do you make this work?
	• Idea 1	• Idea 1	• Idea 1	• Idea 1
<	• Idea 2	• Idea 2	• Idea 2	• Idea 2
	• Idea 3	• Idea 3	• Idea 3	• Idea 3

5 Ideas that can help you develop your strategy

Think Like a Designer

Define • Ideate • Prototype • Test





5 Ideas that can help you develop your strategy

What Is My Desired Path? (choose one)

- Stay status quo
- Stay revitalize
- Stay transition
- Rebrand relaunch

Outcomes...

- 3-5 Year Desired Outcome
- 1-Year Plan
- 90-Day Plan

90-Day Plan

Short Term... (1 Year)

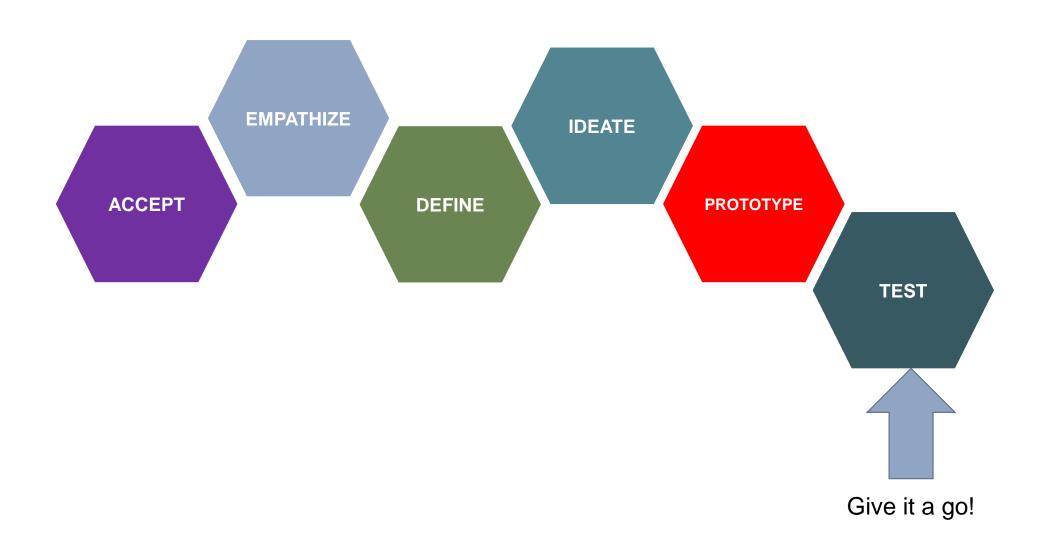
- What should be different?
- What kind of change?
- What are you willing to change to make it happen?

Long Term... (3-5 Years)

- Position? Level?
- Career Track?
- Lifestyle?
- Other Metric?
- Where do you want to be?

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What Must I Do After NHRMA?

- Day 1
- Week 1

Month 1

Get Others' Help

3 Levels of Support Supporters Players Intimates



























To Get from Here to There

Personal Rebranding

- How do you want them to see or perceive you?
- Why you?
- Unique Selling Proposition?
- When you leave the room...



5-Steps to Personal Rebrand



Set Your Direction



Build On Differences



Create Your Narrative



Reintroduce Yourself

Define Your Value Proposition

- What do you add to others to help them improve efficiency, effectiveness, or timeliness to enhance their success?

Rebranding: Destination

What is your desired outcome?

- Direction: Advancing vs. Lateral
 - Revitalize
 - Repurpose
 - Rebrand

Same vs. Different Market

Reskilling: Need to Grow



Rebranding: Leveraging Differences

Building Upon Your Differences

- What will they remember?
- What is your experience that helps you to fit into a <u>distinct</u> niche?
- What makes you <u>stand out</u>?



Rebranding: Narrative

What is your story?

- Not a new persona, but a shift in emphasis
- The change is about the <u>value</u> of the shift

Make the shift consistent with your past

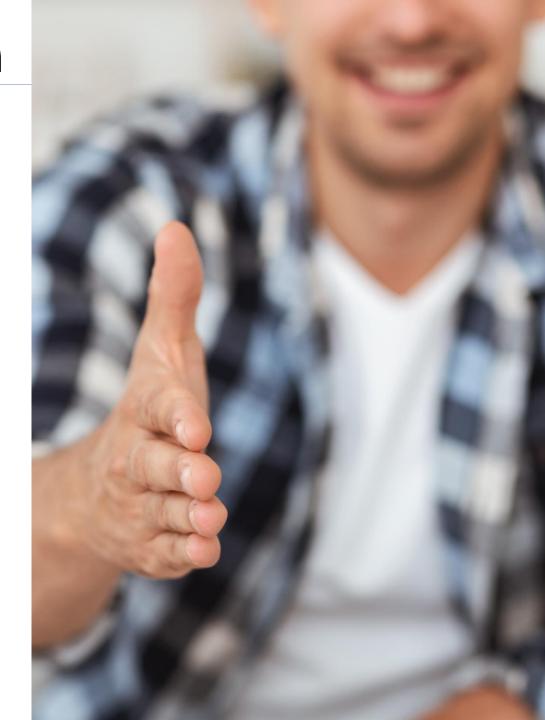


Rebranding: Reintroduction

With Your New Brand...

- Drink your own Kool-Aid
- Reintroduce yourself to your network

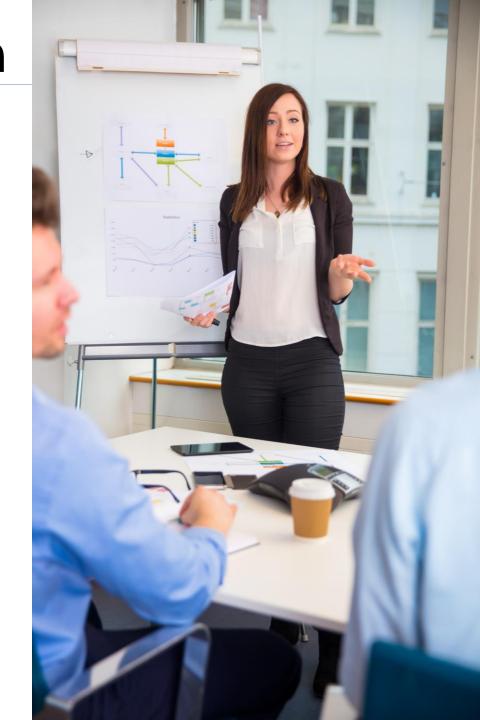
Be strategic – most aren't paying attention



Rebranding: Prove Your Worth

What is Your Value Proposition?

- Give your value then get it
- Focus on solving their problem
- Share your content, deliver, lead
 - let them "test drive" you first



Which Leads Us To...

The Authentic YOU

Leadership emerges from your life story



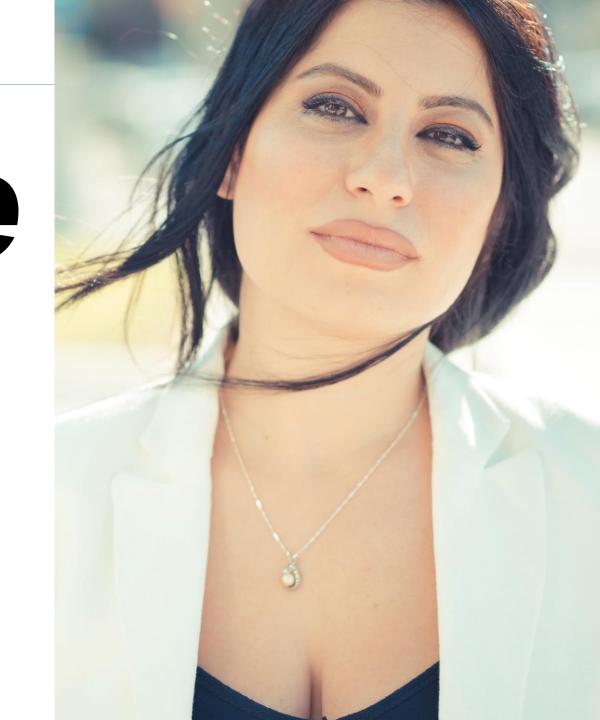
What does it mean to be "authentic"?



The story of your life ≠ your life



Narrative Over Facts



Most Important Capability of a Leader?

Self-Awareness



Greatest Hurdle of a Leader? Denial



Moral of the Story?



Let's Connect

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